

Fri. January 23, 2004 **"Take Charge of Your Health"**

Health and Fitness Day at the Caleb Center 10:00 a.m. – 3:00 p.m.
Caleb Center 5400 NW 22nd Ave

Wed. January 28, 2004 **"Lunch Time Zumba & Health Fair"**

Corporate Kick-off Featuring *Zumbando con Kellogg's*
Wachovia Financial Center Plaza 10:00 a.m. – 2:00 p.m.

Sun. February 15, 2004 **"The Art of the Heart Pavilion"**

Sign in to the Mayor's Challenge at Mercy Hosptial's "Heart Pavillion"
Coconut Grove Arts Festival 11:00 a.m. – 6:00 p.m.

Sat. February 21, 2004 **Nick "Lets Just Play"**

Nickelodeon & The Mayor's Challenge Host "A Day of Play"
Tropical Park 7900 SW 40th St 10:00 a.m. – 2:00 p.m.

Sat. March 27, 2004 **"Miami Beach Fitness Walk"**

Miami Beach Fitness Festival
8th St and Ocean Drive (details posted on the web)

April 2004 **"Shop Right, Feel Right" with Publix**

Grocery Store Tours...
Dates and Times posted on the web.

Fri. May 21, 2004 **"Senior Citizens Olympics"**

Goulds Gym 11350 SW 216 St 10:00 a.m. – 1:00 p.m.

Sat. June 19, 2004 **"Winners for Life"**

Sign up, participate, and Win
Tropical Park 7900 SW 40th St 10:00 a.m. – 3:00 p.m.